THE EMERGING ROLE ANGER MANAGEMENT AND BRAIN-CHANGE PSYCHOLOGY ON ONE COUNSELOR’S PRACTICE OF VOCATIONAL REHABILITATION COUNSELING:

An Alaskan Perspective
SET AGAINST A BACKDROP OF NATURAL SCENIC BEAUTY AND RICH CULTURAL DIVERSITY…

This presentation highlights the emerging role of evidence-based anger management strategies and "neutrally inspired behavioral interventions" on one counselor’s practice of vocational rehabilitation counseling in the communities of Southeast, Alaska.
DONALD MEICHENBAUM, PHD

Dr. Meichenbaum is Research Director for The Melissa Institute for Violence Prevention and Treatment located at the University of Miami, Coral Gables, Florida

RECOMMENDED PUBLICATIONS ON ANGER, RESILIENCE, AND COGNITIVE BEHAVIORAL THERAPY

By
Donald Meichenbaum, PhD

• Treatment of Individuals with Anger Control Problems and Aggressive Behaviors: A Clinical Handbook

• Roadmap to Resilience: A guide for Military, Trauma Victims, and their Families

• The Evolution of Cognitive Behavioral Therapy: A Personal and Professional Journey with Don Meichenbaum