

Bullies Lead and Leaders Bully

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The Bully



What is Bullying?

Intentional – Unwanted – Repeated - Imbalance of Power

Physical – Verbal – Relational - Cyberbullying

Harassment

Race – Color - National Origin – Religion

Disability – Sexual Orientation

Bullies?

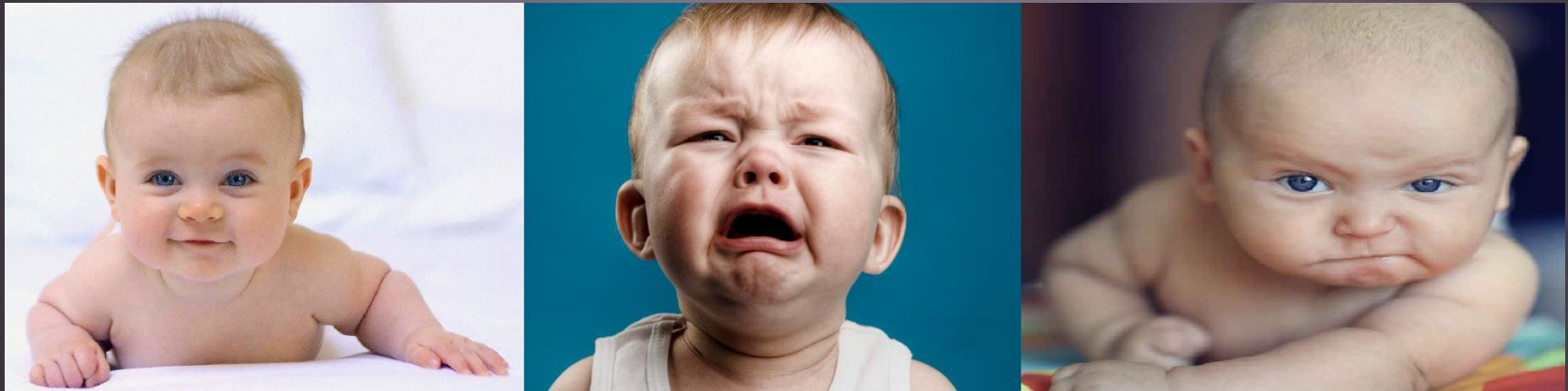


Let's think about it...

Bullies and Leaders both use the *same* characteristics and traits during their need to be in charge and to receive the recognition for being in charge.

Some people prefer not to attract attention and have no desire to take on the responsibility of a leader.

Not all people are built with the same...



Temperament – Tolerances – Environment – Parents

Today's Discussion

1. How and why Bullying is a problem
1. Treating the symptoms of Bullying
2. The wide effects of Bullying
1. How we currently look at Bullying and deal with it
2. How a new approach can change the Bully's belief system
3. What to look forward to from Bullies in the future
4. Conclusion

Namibia



1

How and why Bullying is a problem

Disconnects People

Creates Hardships

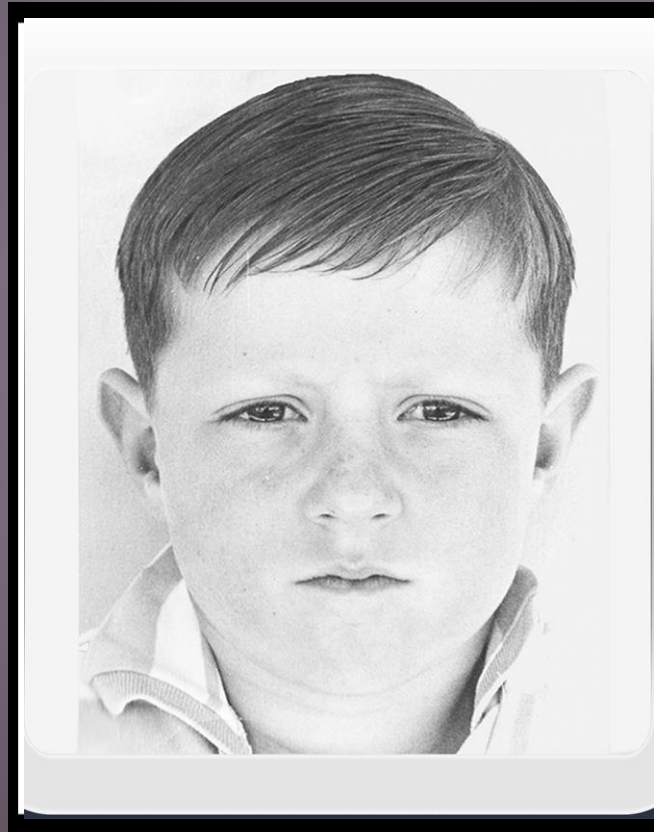
Creates Imbalance

Denies Freedom

Is Overwhelming

Takes Lives

Appears Normal



Starts Young

Learned Behavior

Not Challenged

Destructive

It Works

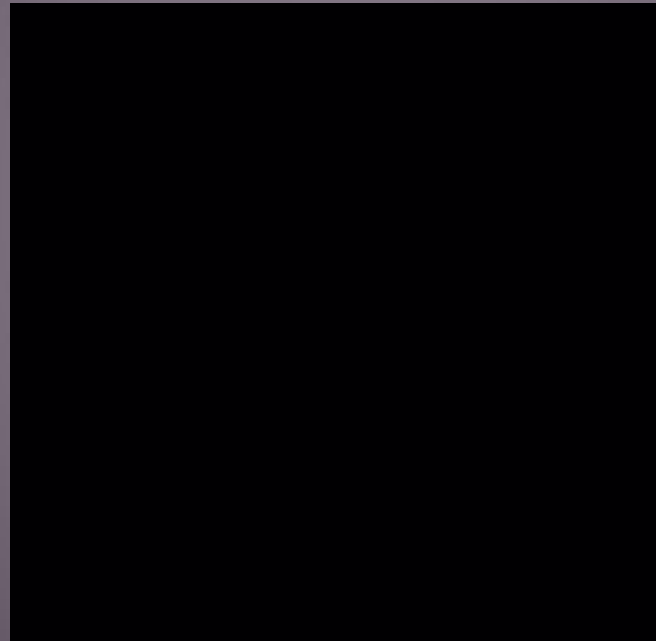
It Feels Good

It's Addictive

2

Immeasurable resources are spent *on treating the symptoms of Bullying ?*

1. Domestic Violence
2. Custody Battles
3. Kidnapping
4. Divorce
5. Poor Communication
6. Hostage Taking
7. Depression
8. Harassment
9. Rape
10. Foster Homes
11. Child Abuse
12. Elder Abuse
13. Employee Abuse
14. Human Trafficking



15. Restraining Orders
16. Murder
17. Jealousy
18. Revenge
19. Suicide
20. Addiction
21. Intervention
22. Hate Crimes
23. Racism
24. Jail
25. Power Struggles
26. Dishonesty
27. Poverty
28. Crime

The wide and permanent effects of Bullying

Innocent people are sad, scared, discouraged, lonely, depressed, helpless, hopeless, embarrassed, excluded, shamed... and some just can't take it anymore!!!



One school kid's belief...

"As long as people live together in groups there will be bullying. You can't remove bullying from a society that runs on competition. Everyone wants to have a sense of belonging to a group. That means making outcasts of others."

How we currently deal with Bullying



1. We typically punish bullies, sometimes unjustly
2. We fear or admire toughness and control
3. We protect the weak and pity them
4. We blindly despise bullies
5. We don't give them the help that they need
6. We make them even madder
7. We teach victims how to be 'better' victims

Can a Bully change their belief system



1. Listen to Bullies who are usually angry for a good reason
2. Consider the Bully's communication capabilities
3. Support belief system changes for lasting transformation
4. Recognize and nurture leadership potential in Bullies
5. Empower Bullies to learn how to help themselves
6. Help Bullies to want lead others in a positive way
7. Turn Bullies into real role models to promote the process

Where did we go wrong?

Perhaps by not

1. Taking Sufficient Time & Effort to Raise Kids Appropriately
2. Teaching Empathy by Example
3. Promoting Self Worth Early Enough
4. Mentoring and Transferring Important Skills
5. Redirecting Energy toward Accomplishing Goals
6. Providing Role Models to Admire and Emulate
7. Demonstrating Effective Self Regulation and Awareness

What to look forward to from Bullies

Let's Do it rather than, Do it!



1. They can understand their gifts
2. They can learn to use them wisely
3. They can learn empathy for others
4. They can become effective leaders
5. They can help others
6. They can reduce the number of victims
7. They can be tomorrow's role models

Take Criticism

Courage

Focus

Passion

Loyalty

Support

Vision

Trust

Acceptance

Hey Bully

We were both born free. Then you were bullied, and learned to bully others, so you could bully me, beat me up, taunt and abuse me. You were always in control of me, but not of yourself. I was always scared of you at school and so was everyone else.

You really stole my life, robbing me of my potential, leaving me burdened with unmanageable issues that ruined my dreams of happiness and fulfillment. I am still pretty much living a sad and lonely life. You eventually disappeared...perhaps you are doing just fine, or not, perhaps in jail or already dead. Regardless, no matter how much I want to, I can't ever forget. You still affect me, daily!

Is that what you really had in mind?

"The Little Weirdo" from 3rd grade.

P.S. I hope that you were able to find someone to care enough about you to get you some help.

Empathy

Self-Discipline

Tolerance

Awareness

Compassion

Consideration

Patience

Conclusion

1. We manage our kids' temperamental tendencies to adapt to *our* circumstances.
2. We teach our kids to become victims by exposing them to bullying.
3. We show our kids how to become bully's so they can survive.
4. We allow them to develop hard to break habits!
5. We pity victims and despise bullies – neither plan is working!
6. Bullies have leadership choleric temperaments, found in most leaders.
7. We can use empathy to help bullies to help minimize the number of victims

According to some of my students, Anger Management is....

1. "Slows down rapid aggressive thinking."
2. "Helps me to care about other people's problems too."
3. "Keeps my emotions in perspective."
4. "Improves my communication skills."
5. "Helps me work on myself."
6. "Gives us what society needs."
7. "Is a positive blueprint for my life."

Bullies PUSH - Leaders PULL

CHANGE THE WAY YOU SEE BULLIES SEE THE WAY BULLIES CHANGE!



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