


2018 ANNUAL INTERNATIONAL CONFERENCE  
OF THE  
**NATIONAL ANGER MANAGEMENT ASSOCIATION**  
**(NAMA)**

April 5 & 6, 2018  
National Press Club  
Washington, D.C.



THE EMERGING ROLE ANGER MANAGEMENT AND BRAIN-CHANGE PSYCHOLOGY  
ON ONE COUNSELOR'S PRACTICE OF  
VOCATIONAL REHABILITATION COUNSELING:  
An Alaskan Perspective



DAVID M. BELTON, MS, CRC  
CERTIFIED REHABILITATION COUNSELOR

Pacific Pathways  
Juneau, Alaska

SET AGAINST A BACKDROP OF NATURAL  
SCENIC BEAUTY  
AND RICH CULTURAL DIVERSITY...

This presentation highlights the  
emerging role of evidence-based  
anger management strategies and  
"neutrally inspired behavioral  
interventions" on one counselor's  
practice of vocational rehabilitation  
counseling in the communities of  
Southeast, Alaska



## DONALD MEICHENBAUM, PHD

Dr. Meichenbaum is Research Director for The Melissa Institute for Violence Prevention and Treatment located at the University of Miami, Coral Gables, Florida

## RECOMMENDED PUBLICATIONS ON ANGER, RESILIENCE, AND COGNITIVE BEHAVIORAL THERAPY

By

Donald Meichenbaum, PhD

- Treatment of Individuals with Anger Control Problems and Aggressive Behaviors: A Clinical Handbook
- Roadmap to Resilience: A guide for Military, Trauma Victims, and their Families
- The Evolution of Cognitive Behavioral Therapy: A Personal and Professional Journey with Don Meichenbaum



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